



PRAXIS ADVOCATES

The above logo is, in Arabic, "Jesus is the Light of the World."

IN THE LOOP, HECKMAN NEWS, CELEBRATION, IDEAS: SHARE FREELY

Dear All Followers and Prayer and Support Friends,

One Midwife Evey Shares on Shoulder Healing

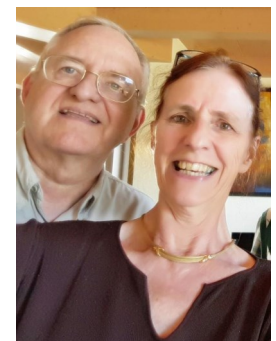
I write you from Malta, a huge Muslim convert and outreach conference. You will again see 3 pics. The women in Islamic slavery auctioned off. This morning we were told one of the women was bought by Islamic fighters 16 separate times. Now her family doesn't want her. Then there is the pillow supported Evey with her shoulder surgery and recoup. She will blow you away with her theology on suffering. Lastly, just me. My shoulders are fine, but I have a broken heart to know more of the glory of God among Muslims and their converts and refugees. Thus this conference in sunny Malta.

Read on...



Thank you, each supporter, who has made my travels as a spiritual father possible by your financial generosity. Each month is a miracle to see support from our dearly committed donor friends, without which we could not minister for one single month. Really.

God's unfailing love,



Evey says, Good morning to my so many caring friends.

What a difference a week makes!

Last Sunday I entered the hosp for operation on Monday.. nerve block in place and general anesthetic meant I felt nothing...and still don't, as regards pain.

Of course, I'm not allowed to use it yet, but have constant companion of an abductor cushion which will be there day and night for 45 days..It's a great comfort, and even scary to take off for shower etc!.. I know I will feel more when there is more physio later on...

On Wednesday I was moved to the rehab center nearer to home. There are patients from quite a wide radius here, to profit from the good care of 13 massage/ physiotherapists, pool, occupational therapists, and under care of a doctor, and nurses.etc etc. It's mainly orthopedic (lots of knees and hip replacements), respiratory probs, strokes, and other pathologies.

Mealtimes are around tables of six that remain together the whole time..of course, discharges and arrivals change things. We are all French around my table, though originally Cameronian, German, 2x Moroccans, French and me! Interesting to sit with people you would probably never meet in life, find things in common, discuss things, or just sit quietly. The 22 year old Moroccan is becoming a good friend and discussion mate! She tore her knee ligament ski-ing..a very common ski injury.. The Lord tells us to love our neighbor as ourselves, and this is a good place to put that into practice! Time to let go of annoyances, irritations and reach out!

Having gentle physio two times a day.. At the moment, just gentle massage of all muscles relating to shoulder (that even includes the jaw, amazingly), then heating pad to back and ice to shoulder.. Dressings being changed and the staff are all out for our wellbeing and recuperation.

Kind friends have come in to visit and see how I am doing (and bringing me eatable treats!! no flowers allowed!).. That has been a blessing..an advantage of being nearer home of course. One friend, Miriam, I was even here on my arrival and organized all my things for me!

There really isn't too much else to report, since this is the beginning of a long journey to return of range of motion, but to reassure you all that I am well here..less colliwobbles than this time last week for sure! I do know the journey somewhat since I had same treatment of left shoulder in 2012, though I was a bit younger then!

I Have a few books with me here, plus laptop and wifi..So I am not bored for sure.. (not yet!) and Don is coming as often as possible and taking care of the dirty and clean laundry! He never gets bored, but I think he does probably miss me buzzing around at home!!!

I have enjoyed this reflection very much by Charles Spurgeon, who suffered a fair amount in his life physically.

There is no greater mercy that I know of on earth than good health except it be sickness; and that has often been a greater mercy to me than health. It is a good thing to be without a trouble; but it is a better thing to have a trouble and know how to get grace enough to bear it.

Getting grace to bear our struggles can be better than not having them. Yes, prosperity and healings are mercies, but they are only temporary, meant to be enjoyed in this life alone. But suffering and trouble enable us to lay hold of the greater gifts of God, gifts like his fellowship, comfort and love, which grow sweeter over time and through eternity.

The theology of suffering is something that the persecuted church in many countries can teach us in the West about.

I leave you with Philippians 3 verses 8-11. I'm trusting I will come out of all this being more transformed into the image of Jesus!

Love to you all.

If you don't require a tax receipt, you can still send a check payable to Don Heckman, to Bank of America, 2345 Borchard Road, Newbury Park, CA. 91320, Mention account number 06718 05140.

All supporters and Prayer Partners, thanks from Don and Evey Heckman, from Praxis Advocates. Write checks, please, payable to Praxis Advocates, 1302 S. Gray Street, Lakewood, CO 80232. See PraxisAdvocates.com

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Some of our European newsletter recipients have asked how to support us in our mission and ministry without sending finances to the USA.

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Love and thanks. D and E